



2026 GOLF PROGRAM

IN PARTNERSHIP WITH THE GOLF PERFORMANCE ACADEMY



RPS ACADEMIES

INTELLECTUAL, ACADEMIC + ATHLETIC EXCELLENCE

Students at RPS develop within a structured academic environment designed to support both learning and performance.

Our team of educators and coaches works closely with each student, guiding progress across academic, athletic, and personal development.

Through a clear process of assessment, planning, and measurement, students follow a defined path of growth aligned with their individual goals.

The result is focused, disciplined development – preparing students for success in school, in sport, and beyond.

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THE GOLF PERFORMANCE ACADEMY

A COORDINATED ACADEMIC + GOLF PATHWAY

RPS Academies partners with the Golf Performance Academy (GPA) to provide a structured environment for student-athletes pursuing long-term competitive development and college readiness.

At GPA, every moment is an opportunity – to grow, to compete, and to prepare for what's next. Within the RPS academic environment, athletes follow a coordinated daily model that integrates elite golf training, physical performance, mental skills, and college-preparatory academics.

Each athlete trains within a personalized development plan guided by the Player Development Index (PDI), clearly identifying strengths, areas for improvement, and measurable next steps toward competitive advancement.





HOW ATHLETES DEVELOP

RPS Academies, in partnership with the Golf Performance Academy (GPA), offers multiple structured pathways based on age, development level, and competitive goals.

All golf training is delivered by GPA within a coordinated academic schedule at RPS.

Training is intentional. Progress is measurable. Each phase builds toward long-term competitive and collegiate opportunity.

Across all pathways,
GPA's model integrates:

- Technical development
- On-course strategy and scoring
- Physical performance
- Mental performance
- Tournament planning
- Player Development Index (PDI) tracking

	FULL-YEAR	SUMMER	SHORT-TERM	POST GRADUATE
DURATION	9½ MONTHS	SUMMER INTENSIVE	FLEXIBLE	GAP YEAR
CORE FOCUS	Complete student-athlete development and college readiness	Accelerated improvement and measurable progress	Targeted coaching and focused improvement	Complete development and college-level readiness
BEST FOR	Athletes seeking full structure, accountability, and long-term growth	Juniors ready to make a meaningful leap in a short timeframe	Athletes preparing for events or refining specific skills	GPA High school graduates who need additional development to be college ready





PROGRAM PATHWAYS

FULL YEAR PROGRAM

AGES 13+ | 9.5 MONTH PROGRAM

Our flagship development pathway for serious student-athletes.

- Daily physical, technical, and mental performance training
- Full-swing, short-game, and course management coaching
- Custom training programs designed for student-athletes training during the academic year
- Player Development Index (PDI)-guided development and periodization
- Integrated academics through RPS Academies
- Personalized tournament scheduling, preparation, and college-readiness planning

SUMMER PROGRAM

AGES 12-18 | 7-WEEK PROGRAM

An intensive summer training experience focused on measurable improvement.

- Daily coaching from GPA performance staff
- Individualized development plan with measurable feedback
- On-course training and competitive preparation
- Skill-building focused on confidence, scoring, and growth

SHORT-TERM TRAINING

PERSONALIZED SCHEDULE

Focused, high-impact development within a defined training window.

- Concentrated technical and scoring development
- Data-driven performance evaluation and feedback
- Course strategy and competitive decision-making
- Mental performance preparation for tournament play

POST-GRADUATE PROGRAM

HIGH SCHOOL GRADUATE | 9.5 MONTH PROGRAM

A structured bridge year for athletes preparing for collegiate competition.

- Comprehensive physical, technical, and mental performance development
- Advanced tournament scheduling and competitive strategy
- College placement guidance and recruiting support
- Structured environment emphasizing maturity, discipline, and accountability



HOW ATHLETES TRAIN

All golf coaching and performance programming are delivered by the Golf Performance Academy within a coordinated daily model.

Each athlete trains within a structured, individualized framework aligned with competitive goals and long-term progression. Progress is measured and refined through the Player Development Index (PDI), ensuring every phase of development builds toward sustained performance.

Technology at GPA does not replace coaching. It strengthens it. It provides clear, measurable insight that helps coaches make better decisions and athletes improve with purpose.

Athletes train with advanced tools used at the highest levels of the game, including:

- GEARS 3D motion capture
- Force plates
- K-Vest motion systems
- Foresight GCQuad
- SAM PuttLab
- Trackman

Daily training integrates:

- Swing and short game refinement
- On-course decision making and scoring application
- Strength and conditioning sessions
- Mental performance coaching
- Tournament planning, simulation and post-event analysis
- Ongoing performance tracking and Player Development Index (PDI) assessments

What Distinguishes the GPA Model:

- A full-time licensed sports psychologist
- Full-time physical performance coaches
- An 8:1 student-to-coach ratio
- Full membership access to Santa Lucia River Club including practice facilities and on-course privileges
- Training guided by Player Development Index (PDI) assessments and advanced performance technology
- Customized training programs tailored to each athlete
- Opportunities to compete on regional and national tours

“ I wish I had a tool like PDI when I was a junior to measure and manage my development, but I hope I can help the golfers coming up today by putting it in their hands.

– **ANNIKA SÖRENSTAM**
LPGA LEGENDARY PLAYER







HOW ATHLETES LEARN

Academics at RPS Academies are designed to support the demands of high-performance student-athletes.

Students follow a fully accredited college-preparatory curriculum, including Honors, Advanced Placement, and Cambridge pathways.

Educators and coaches work together to align course-work, training, and tournament schedules, ensuring students stay on track academically while continuing to develop as athletes.

Small class sizes and flexible scheduling allow students to manage their time effectively, build strong academic habits, and perform at a high level in both the classroom and on the course.

Students graduate prepared for the next step, with the structure, discipline, and support needed to navigate the college process and succeed at the collegiate level.

Academic experience includes:

- College-preparatory curriculum with Honors, AP, and Cambridge options
- Small class sizes and individualized instruction
- Flexible scheduling aligned with training and competition
- Academic support designed for high-performance athletes
- Development of time management, accountability, and study habits

College Placement Strategy:

- Guidance on NCAA rules and recruiting requirements
- Strategic tournament scheduling to maximize exposure
- Individualized college placement and recruiting strategy
- Ongoing communication with coaches and programs
- Alignment of academic progress and competitive development





HOW ATHLETES LIVE

RPS provides a structured residential environment designed to support both academic focus and athletic development.

Students also have access to select off-campus experiences, including visits to Florida's major attractions and nearby beaches, providing balance within a structured schedule.

Located in Port St. Lucie, Florida, the campus offers year-round training conditions within a disciplined, team-oriented environment built for sustained progress.

The residential model supports:

- Structured study hours
- Academic oversight
- Supervised evening routines
- A safe, gated campus with 24-hour security
- Community among like-minded student-athletes

A DAY IN THE LIFE



EARLY MORNING
Strength and physical performance training



MORNING
Academic instruction at RPS



AFTERNOON
Technical and on-course training through GPA



EVENING
Study hall, recovery sessions, and structured routines





HOW TO APPLY

At RPS Academies, in partnership with the Golf Performance Academy, we take a personalized approach to each student's journey, beginning with the admissions process.

From the initial conversation through enrollment, every step is designed to be clear, supportive, and aligned with each student's academic and athletic goals.

1 APPLY ONLINE

Complete the online application form, including all necessary personal and golf-related information. Upload any required documents, such as letters of recommendation and transcripts.

Go to: TheGolfPerformanceAcademy.com

2 SPEAK WITH A RECRUITER

A recruiter will reach out to discuss your application, answer questions, and guide you through the next steps. They will also provide an overview of educational options and academy expectations.

3 RECEIVE ENROLLMENT INFORMATION PACKET

After your conversation, you will receive a packet containing helpful details about the admissions process, golf program, financial information, and educational partnerships.

4 SECURE YOUR SPOT WITH A DEPOSIT

Once accepted, the Financial Department will contact you with payment details to confirm your enrollment.

5 RECEIVE ACCEPTANCE AND WELCOME PACKET

Once all steps are completed and verified, you will receive an official Welcome Letter and Information Packet outlining your next steps and preparing you for enrollment.



ADMISSIONS

(772) 323-0625

Email: Admissions@TheGolfPerformanceAcademy.com
TheGolfPerformanceAcademy.com

OUR LOCATION.

RPS Academies is located in Port St. Lucie, Florida, where GPA student-athletes train as full members of Santa Lucia River Club within a private, championship-caliber setting.

Daily access to the course reinforces scoring development, course management, and tournament readiness.



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