



GOLF

We Make Champions For Life

GOLF

***RPS Academies is a
high-performance institution
founded on three core pillars:***

Intellectual, Academic, and Sports Excellence. Our aim is to establish a boutique-style academy where each student's aspirations are prioritized and embraced as our own. Boasting an exceptional team of coaches, educators, and teachers, we dedicate ourselves daily to achieving distinguished goals and fostering an environment of success.



WE MAKE CHAMPIONS

At **RPS Academies**, we mentor students through our sports and education programs, working closely with them to ensure their physical, mental, emotional, and social development. Our coaching staff uses a proven assessment, prescription, application and measurement process to develop our athletes. With our guidance, athletes reach their goals step by step, day by day, and week by week. We offer full-time and weekly programs throughout the year.

Our ultimate goal is to make each student aware of their strengths and limitations and to help them establish long- term and short-term goals as part of their specifically designed training program.

*Learn.
Prepare.
Perform.*



COACHING

THE COACHING TEAM

Our coaches are not only trained and certified, they are gifted at helping our players in every aspect of the game. They fully participate in the development of the complete student athlete. Whether its extra time before the sunrise at a tournament or late nights reviewing swings or stats. RPS's coaches have all played at the highest levels and are dedicated to their students' success.



DIRECTOR RJ SCHEBEL

Born and raised in South Bend, Indiana, RJ has spent the last 12 years at high-level golf academies developing students from around the world.

RJ is a Bodi Tracks Level 4 Certified Coach. He understands the importance of a holistic approach to player development.

He emphasizes the importance of efficient body movement while minimizing the risk of injuries. "As a performance golf coach with over a decade of experience, I've developed a unique approach to unlocking students' potential. I maximize their talent by ensuring that they not only achieve but consistently maintain peak performance on and off the golf course. I'm incredibly passionate about helping my students."

RJ's students have gone on to compete at all levels collegiately and professionally on both domestic and international tours.



HEAD COACH

CLIVE MCCANN

Clive began his professional playing career in the high-profile Florida Space Coast, TC Jordan, Tear Drop and Tommy Armour Tours. After years on the junior circuit, McCann joined the big leagues playing the South African PGA/Co-sanctioned European Tour and South American PGA Tour. Clive played the tours for eleven years while also serving as an instructor in the family business. He always knew his passion and true calling was in teaching.

Clive started his full-time teaching career for Phil Ritson's Golf Your Way Schools in Orlando where he earned his Master Instructor and Classic Master Biomechanics status for the Phil Ritson Golf Institute, and Body Biomechanics at ICGB. At Phil Ritson, Clive directed the company's international expansion for Samsung (South Korea) and was the opening Director for the Japan Tour Players Academy in Tokyo.

Clive has served as Lead Coach for Gary Gilchrist Golf Academy and Director/Head Coach for PGSA in South Korea. Clive was also the Head of Instruction for JPGA on Hilton Head and then the Director/Head Coach for JPGA at Orange County National in Orlando, Florida.

Clive has assisted numerous players on the USPGA, LPGA, Korn Ferry, KPGA, KLPGA, EPGA, JPGA, CPGA SAPGA, Mackenzie Tour, Asian Tour and China Tour.



FULL-TIME PROGRAM

Our four-hour practice sessions are specialized for each week for each student. Following a periodization schedule of competition and technical weeks allows a more personalized approach to development. Our four-hour sessions allow our coaches to develop personalized practice plans for every student, focusing on what each individual requires for that week.

ENHANCED TECHNICAL DEVELOPMENT

We use a proven 6-step method to establish sound fundamentals in the golf swing. With our biomechanics background, we focus on teaching the student how to properly use their body to build a motion that will last you a lifetime.

ON COURSE COGNITIVE STRATEGY

We have the ability to play on the course 5 days a week. This allows us to focus more on the art of golf and scoring. We focus on, course strategy, mental routines, shot making, decision making, and situational shot selection.

DRILLS

We emphasize continual development in each student. Each student is given a personal technique plan or drill card. Drill cards outline specific technique goals along with personalized drills for each goal. This helps the students stay on track in their development.

COMPETITION

We are one of a few academies that focus on daily competition. We compete on the course against other students five days a week. We are fortunate enough to play 18 holes every Saturday with organized competition. This allows our students to develop their competitive edge further, create a comfort zone in competition, and sharpen their skills under pressure.

PEAK PERFORMANCE TRAINING

Our systematic approach includes all performance fundamentals, including endurance, strength, power, speed, balance, coordination, agility, flexibility, mobility, and nutrition.

PERFORMANCE EVALUATION

Whether it is technique goals, tournament, or mental goals all students are evaluated on a daily, weekly, and monthly progression. This includes constant video analysis, Pre and post-mental tournament preparation, pre-tournament reports, and post-tournament statistics and evaluations. We provide a structured environment for all students to reach their goals and measure their progress.



PHYSICAL AND INJURY ASSESSMENT (TPI)

Fitness coaches evaluate each student's physical abilities to understand their strengths and focus on their limitations to help aid them in their overall development as an athlete.

EQUIPMENT

Coaches evaluate students' current equipment, ensuring the clubs are a proper fit.

COACH NOW TRAINING APP

Each student is provided with a Coach Now training space where coaches will provide the students with their swing videos, posture, grip, and personalized drills.

TRACKMAN™ ANALYSIS

The use of TrackMan early in their training will help set benchmarks for improvement including: swing speed, attack angle, swing direction, and total yardages.

FULL SWING

Video Analysis software will be used to evaluate your current full swing before making suggestions or adjustments.

SHORT GAME

We provide the student with short game skills and challenges, testing the student on trajectory control, technique and feel.

PUTTING OPTIMIZATION

Each student will use our putting simulator, giving the student a visual representation of their putting stroke, analyzing putter face, path, tempo, and contact.

ON-COURSE EVALUATION

Coaches monitor students on the golf course, evaluating their game plans, course strategy, and club selection, advising how to approach and attack each hole individually.

MENTAL GAME & LEARNING STYLE

The mental game is the key to tournament performance. Students learn how to develop routines, handle poor shots, set pre-tournament goals, and post-tournament evaluations.



FULL-TIME SCHEDULE

Monday - Friday		Saturday	
		OPTION 1	OPTION 2
7:00am	Breakfast	8:00 - 10:00am	Training
7:30am - 12:00pm	School		Tournaments
12:00pm - 12:45pm	Lunch	Activities Program	
1:00pm - 5:00pm	Training		
5:00pm - 6:00pm	Fitness		



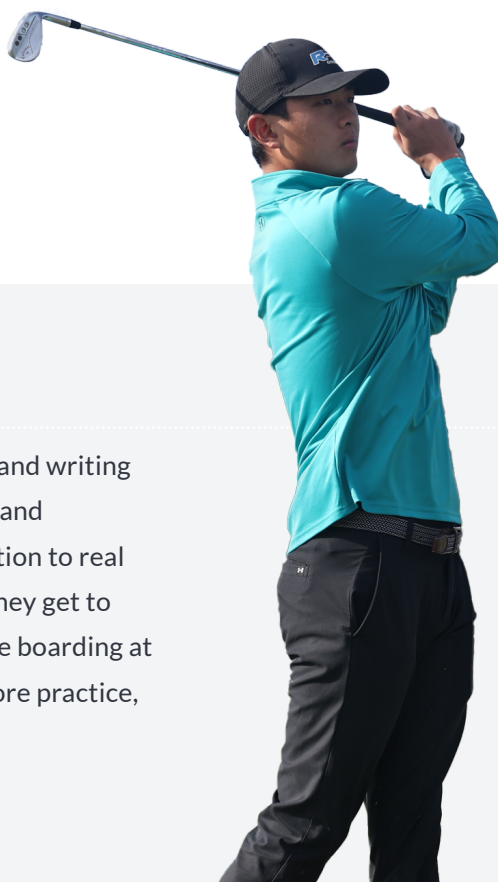
WEEKLY PROGRAMS & CAMPS

With one of the best most elaborate training camp facilities and programs in the world, **RPS Academies** offers training and activity options like no other academy. Students are trained by the same coaches using the same methodology as our full-time program and visiting students are integrated directly into our regular program throughout the year. We are open 365 days a year so students can continue their training anytime. Come for one week, two— or even an entire summer. Boarding and non-boarding options are available. We have summer camps, holiday camps, pre-competition camps, and weekly intensive camps for those that need a push to get to the next level. Just decide which option is best for you and we'll schedule it.

Monday - Friday		Saturday	
7:00am	Breakfast	OPTION 1	OPTION 2
7:30am - 12:00pm	School	8:00 - 10:00am	Training
12:00pm - 12:45pm	Lunch		Activities Program
1:00pm - 2:00pm	Fitness		
2:00pm - 5:00pm	Training		

LANGUAGE PROGRAM

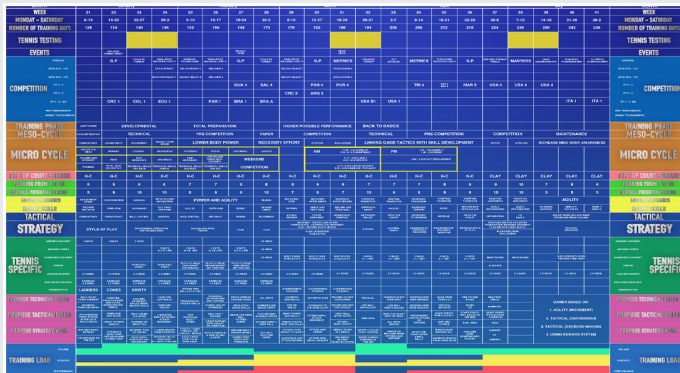
Our Language Program is designed to develop listening, reading, speaking and writing skills in short periods of time. Because of our unique training environment and individualized assessment methods, we are able to relate language acquisition to real life by immersing the students in their activities throughout the campus. They get to practice their English during sport, at the restaurant, while sailing or paddle boarding at the beach, or even during the nightly performances in the main theater. More practice, more people, more learning, and more fun.



PERIODIZATION

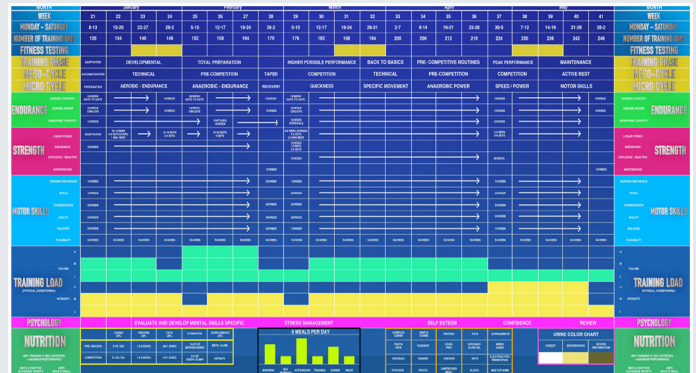
We train our students using a specialized and proven **Developmental Curriculum and Periodization Method** designed to maximize athletic performance. The Periodization Training Method divides the overall program into specific and distinct periods, so improvements are made step by step, month to month, and year to year. We plan the student's Periodization program beginning with their goals for the distant future and working backward to the present. Using this Method our students make the greatest improvements in the shortest amount of time (developmental efficiency), while also having fun, preventing injuries, and staying mentally and physically fresh.

GOLF-SPECIFIC TRAINING



Includes Golf testing, competition planning/scheduling, training phase, technical development, strategic/tactical training, and training on multiple surfaces.

PHYSICAL & MENTAL CONDITIONING / NUTRITION



Focuses on nutrition, physical and mental conditioning, endurance, strength, motor skills, training load, speed, agility, balance, flexibility, running mechanics, aerobic power, anaerobic power, anaerobic capacity and more.

Our method takes into consideration the different needs, goals and levels of the players, from the novice to the professional athlete. Our Periodization Method is divided into three cycles: the Macro Cycle (the longterm plan), the Mezzo Cycle (partial planning in the short term, keeping in mind the overall objective of the Macro Cycle), and the Micro Cycle (includes the fundamental parts of the training). During the Micro Cycle, we organize the sessions in accordance to the biological results of the athlete.

We're proud to say that all of our high-performance coaches are certified with our expert-backed system and methodology.



PERFORMANCE

RPS Performance program is lead by golf performance expert coaches who have experience in developing elite athletes. Elevate your game and unlock your full potential with our elite performance program.

SPEED TRAINING

Developing speed and quickness offers a significant advantage in almost every sport. We work on enhancing faster reaction times so our athletes can execute movements with greater efficiency and effectiveness.

AGILITY TRAINING

Working on agility offers the advantage of improved body control, enabling our players to change direction quickly and efficiently while maintaining balance, strength, and speed. The goal is to improve the athletes overall physical coordination and balance.

STRENGTH TRAINING

Working on strength enhances muscle and bone health, increases endurance, and improves overall physical performance. It enables you to perform your sport with ease and reduces the risk of injuries by supporting joint stability. This foundation is critical for all our athletes.

CONDITIONING AND ENDURANCE

Embrace the challenge of conditioning to build the stamina and endurance required for success in competition. With structured workouts and a commitment to hard work, players develop the physical and mental toughness to outlast opponents.

MONITORING & EVALUATION

Continuous assessment and tracking of progress are key features of the program, enabling personalized adjustments and improvements based on performance feedback.

SPORTS SPECIFIC TRAINING

Customized training sessions are designed to cater to the specific demands of various sports.



COMPETITIVE PLATFORMS

At **RPS Academies** we believe that competition is the foundation of high-performance development. That is why we compete every day. The more you compete, the more you learn, the more you learn, the better you perform. It is that simple.

We compete using a combination of competitive platforms to maximize your ultimate results:

- American Junior Golf Association (**AJGA**)
- Florida Junior Golf Tour (**FJT**)
- Hurricane Junior Golf Tour (**HJGT**)
- South Florida PGA (**SFPGA**)



STUDENT LIFE

We offer more than just a great golf program. Experience an exceptional opportunity to elevate your game while enjoying a summer filled with engaging activities. Our program offers a structured, supervised schedule featuring both on-site and off-site activities. Discover and enjoy Florida's attractions, including Islands of Adventure, Disney World, and Universal Studios, and more, along with our beautiful beaches.

A closed, gated academy with 24-hour security underscores our commitment to the safety of our young athletes, ensuring a secure environment where they can focus on their development without distraction. This stringent security measure is central to maintaining a safe, controlled space where parents can have peace of mind and students can thrive, both in their sport and in their personal growth.



THINGS TO KNOW

WHAT IS THE MINIMAL DURATION OF A RESERVATION:

The minimum duration for a reservation is one week, and the average reservation is two to three weeks.

OPTIMAL DURATION:

Our recommendation for athletes is to participate in our summer camp for two to three weeks to maximize the benefits of their stay.

RECOMMENDED ARRIVAL DAY

We suggest arriving on a Sunday and departing on a Saturday. While students have the flexibility to arrive on other days, we highly recommend Sunday arrivals to take advantage of the orientation held that day, with the program officially commencing on Monday at 8 am.

LAUNDRY SERVICE

RPS Academies provides laundry service two times per week. Upon arrival the student receives a laundry bag. The student can put the laundry inside the bag and leave it in front of the room entrance for the team to collect it and return it within 24 hours.

BOARDING FACILITIES:

The boarding facilities are centrally located on campus.

TOURNAMENTS:

Contact us to learn more about the our complete platform and schedule of competitive events.



LOCATION

RPS Academies is located on the East coast of Florida, in the city of Port St. Lucie. Port St. Lucie is located conveniently between Miami and Orlando and is only a 45 minute drive from the West Palm Beach airport.

RPS ACADEMIES

4500 SE Pine Valley St.
Port Saint Lucie, Florida 34952
USA

AIRPORT TRANSPORTATION

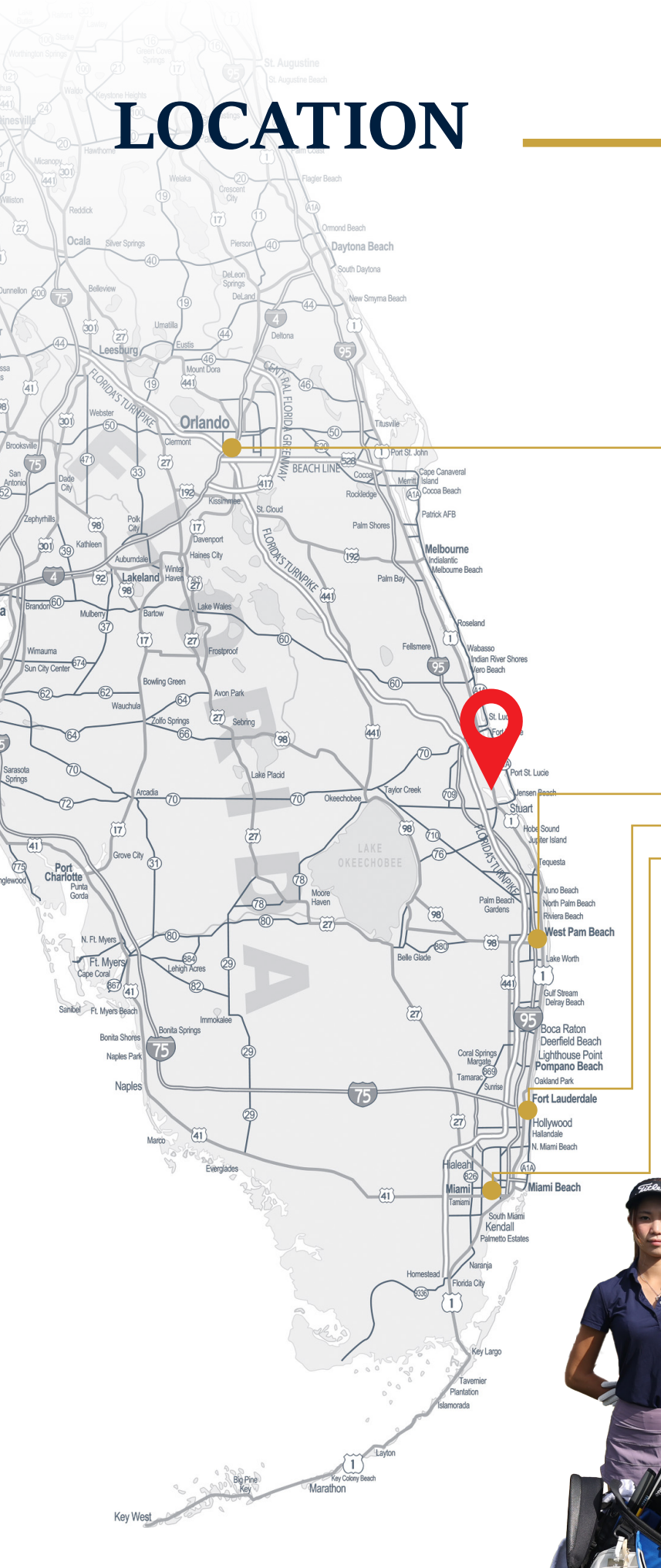
For reservations email student services or add the flight details in the enrollment forms.
A student services team member will reply with the confirmation of the reservation.

AIRPORTS

West Palm Beach: 45 minutes by car
Fort Lauderdale: 1 hr 45min by car
Miami: 2 hours by car
Orlando: 2 hours by car

FOR MORE INFORMATION

info@rpsacademies.com



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