



RFS
ACADEMIES



INDOOR/BEACH
VOLLEYBALL



RPS ACADEMIES IS A HIGH-PERFORMANCE INSTITUTION FOUNDED ON THREE CORE PILLARS:

Intellectual, Academic, and Sports Excellence. Our aim is to establish a boutique-style academy where each student's aspirations are prioritized and embraced as our own. Boasting an exceptional team of coaches, educators, and teachers, we dedicate ourselves daily to achieving distinguished goals and fostering an environment of success.



WE MAKE CHAMPIONS

At **RPS Academies**, we mentor students through our sports and education programs, working closely with them to ensure their physical, mental, emotional, and social development. Our coaching staff uses a proven assessment, prescription, application and measurement process to develop our athletes. With our guidance, athletes reach their goals step by step, day by day, and week by week. We offer full-time and weekly programs throughout the year.

OUR VOLLEYBALL TRAINING PROGRAM

Our program consists of two unique training sessions, indoor and beach volleyball. This divided training method allows for students to become “hybrid athletes.” Our program provides our athletes double the opportunities to pursue a college and/or professional career—through our unique training sessions.



***FASTER.
TOUGHER.
SMARTER.
STRONGER.***

Our high-performance program is renowned for producing not only students who are highly educated, but also volleyball players who know how to think independently. We provide our athletes with a distinct advantage in the competitive volleyball world: They're faster, stronger, tougher, and smarter on and off the court.



COACHING



PIOTR MARCINIAK
***DIRECTOR OF
VOLLEYBALL***

Piotr Marciniak was born and raised in Poland and began playing volleyball at the age of 13. Marciniak

has played professionally indoor volleyball in Poland and Egypt from 2004 until 2011. Meanwhile, he was a part of the Polish National Beach Volleyball Team in 2006-2007.

After moving to the United States in 2012 to pursue his Master's degree, Piotr transitioned to playing beach volleyball on the domestic tour. He has won eight NVL Championship tournaments (2013-2016); secured 3rd place at the AVP Hermosa Beach Open in 2017 and won the AVP Tour Series in Virginia Beach in 2022. Piotr has been coaching for almost 15 years. Since 2015, he has been a part of the coaching staff at the academy. He enjoys playing golf in his free time.



**KAROLINA KAYA
MARCINIAK**
***DIRECTOR OF
RECRUITING***

Karolina "Kaya" Marciniak (nèe Sowala) was born in Poland where she received

her Bachelor's Degree in Physical Education. She began her professional beach career representing Poland on the FIVB Swatch Tour (2009-12). She placed third place in U21 World Championship in Brighton, England in 2008 and third place in the 2007 U20 European Championship in Scheveningen, Netherlands.

In 2014, Kaya received her Master's degree in Sports Business Management from Webber International University. She began her college coaching career in 2017 as an Assistant Coach for the Florida Atlantic Beach Volleyball Program. The Sandy Owls notched 13 wins in 2019 and ended the season ranked 16th in the nation.

Kaya was one of the top performing athletes in the National Volleyball League. She has taken twelve victories between 2013 and 2016 seasons including multiple awards for her efforts. She also competed on AVP and has recorded two top-five finishes in 2017 and 3rd place in 2018, and 5 top 10 finishes in 2022.

Kaya is married to fellow AVP professional and Rush Volleyball coach, Piotr Marciniak. The couple welcomed their first child, Michael, in March of 2019 and daughter Mila in November of 2023.



COACHING



COLBY HAZELIP
COACH

Colby was born and raised in Louisville, Kentucky, where he began his love for volleyball in 2017. In five short years, Colby was

able to become a true student of the game and has been coaching juniors beach since 2018. In 2022, Hazelip relocated to Florida to pursue his passion for the sport. He worked as an assistant coach for the University of Tampa for the 2022-23 season. He has also coached for Louisville Beach Juniors, Optimum Beach, JBVA, BeVolley Academy, and has worked many clinics as a college coach.

With a background in postural alignment therapy, years of open level playing experience, and one year of playing indoor with the University of Louisville varsity club team, he brings a dynamic approach to competition and overall health and well-being.



SARA PUTT
COACH & PERFORMANCE DIETITIAN

Sara is an All-American, 4x CCSA conference champion, NCAA National

Championship Finalist and 4x All-conference team award recipient from playing beach volleyball at Florida State University. She graduated with a Bachelors of Science in Dietetics and has a Masters in Clinical Nutrition.

Born and raised in South Florida, Sara has been traveling and playing beach volleyball tournaments across the country for over 10 years. For the past 2 years, she has been working as a Registered Dietitian while training, competing, and coaching. Along with learning from some of the best coaches in the game, Sara has been coaching for over 6 years at beach volleyball clubs, high schools and camps.



FULL-TIME PROGRAM

RPS Academies is a gated and fully staffed professional sports academy located on the East coast of South Florida at the Sandpiper Bay resort in the city of Port Saint Lucie, where academic and training facilities, accommodations and restaurants are located right on site.

Students can enroll at our School on a full-time (year-round) or weekly basis, and select from their choice of boarding or non-boarding options. Full-time and weekly programs are available every week of the year. Additionally, program participants are given the opportunity to train with the best players, and engage regularly in competition, conditioning, mental training, nutritional guidance, video analysis and many other player development processes.

As active members of our school, students are automatically included in our RPS Academies Life programming which continually strives to help students become more engaged citizens, not only on campus, but in the larger local and global communities.

By joining the RPS Academies family of staff and students, you are committing to a lifestyle of excellence in everything that you do. Join us!



WE MAKE CHAMPIONS



FULL-TIME SCHEDULE

The Beach and Indoor Volleyball Academy schedules are designed to maximize the training of our athletes.

MIDDLE SCHOOL & HIGH SCHOOL

Monday–Friday:

7:00 AM			<i>BREAKFAST</i>
7:30 AM	TO	9:30 AM	<i>SCHOOL</i>
10:00 AM	TO	12:00 PM	<i>VOLLEYBALL PRACTICE</i>
12:00 PM	TO	1:00 PM	<i>LUNCH</i>
1:00 PM	TO	3:00 PM	<i>SCHOOL</i>
3:00 PM	TO	5:00 PM	<i>VOLLEYBALL PRACTICE</i>
5:15 PM	TO	6:00 PM	<i>FITNESS</i>

Saturday:

PRE-SCHEDULED TOURNAMENTS



WE MAKE CHAMPIONS



SHORT-TIME PROGRAMS

With one of the best most elaborate training camp facilities and programs in the world, **RPS Academies** offers training and activity options like no other academy. Students are trained by the same coaches using the same methodology as our full-time program and visiting students are integrated directly into our regular program throughout the year. We are open 365 days a year so students can continue their training anytime. Come for one week, two—or even an entire summer. Boarding and non-boarding options are available.

We have summer camps, holiday camps, pre-competition camps, and weekly intensive camps for those that need a push to get to the next level. Just decide which option is best for you and we'll schedule it.

MONDAY–FRIDAY:

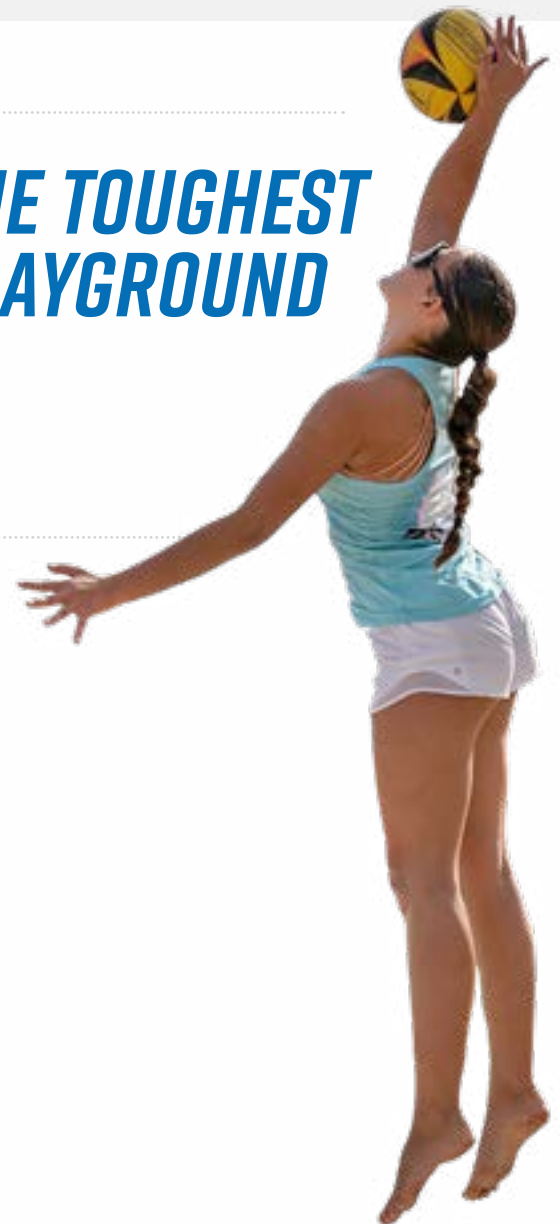
8:00 AM	TO	9:00 AM	BREAKFAST
9:00 AM	TO	11:00 PM	VOLLEYBALL PRACTICE
11:00 AM	TO	12:00 PM	WORKOUT
12:00 PM	TO	1:00 PM	LUNCH
1:00 PM	TO	3:00 PM	VOLLEYBALL PRACTICE
3:00 PM	TO	5:00 PM	FREE TIME/ACTIVITIES
6:00 PM	TO	7:00 PM	DINNER
7:00 PM	TO	9:00 PM	EVENING ACTIVITY
9:30 PM			CURFEW
9:45 PM			HEADCOUNT

SATURDAY AND SUNDAY:

Option 1:
Practice
Activities Program

Option 2:
Tournament

THE TOUGHEST PLAYGROUND



ALUMNI

RESULTS SPEAK FOR THEMSELVES

PREPARED FOR SUCCESS

Our student athletes are getting recruited to the top university programs in the country because we train our athletes to be College Recruits.

Class of 2016

Madi Bell — Mass Lowell University (Indoor)
Brylee Frank — Johnson and Wales University
Ali Denny — South Carolina University/Florida International University
Kiana Sawtelle — Southeastern University

Class of 2017

Riley Sites — Florida International University

Class of 2018

Emery Pillsbury — Florida International University
Sabian Sasser — Coastal Carolina University
Jenna Johnson — Florida State University

Class of 2019

Maia Hannemann — University of Hawaii
Skylyr Magliochetti — University of Tampa
Angela Grieve — University of Miami
Kaylee Oscarson — Stetson University
Kylee Quigly — Jacksonville State University
Bailey Herdman — University of California-Davis
Sabrina Reznik — University of North Carolina-Wilmington
Gracee Carpino — State College of Florida

Class of 2020

Brianna Jackson — Jacksonville University
Kailey McKnight — University of North Florida
Reagan Carlton — University of Tampa
Juliana Lentz — Florida Gulf Coast University
Autumn Raulerson — Florida International University
Olivia Dodd — Florida Memorial University
Mariana Mattozinho — Polk State College
Tarri Ann — Henry Warner University

Class of 2021

Shelby — Florida Gulf Coast University
Brenna Tietz — West Virginia University

Class of 2022

Kendra Brown — Florida International University
Olivia Chychrun — University of Alabama at Birmingham
Emma Braticevic — Florida International University
Alize Lemieux — Jacksonville University
Emmie Koszalka — Missouri State University
Tyler Brossard — Westcliff University
Olivia DeJong — University of North Dakota

Class of 2023

Annika Huntamaki — Palm Beach Atlantic
Ellie Neville — Georgia State University
Annslay Flack — Western Carolina University
Casey Beaman — St. Mary's College of California
Lola Ackman — Palm Beach Atlantic
Thalie Brossard — Florida International University
Adriana Oporto — University of Texas at El Paso

Class of 2024

Kelsey Swart — Saint Leo University
Kelly Barnett — Palm Beach Atlantic
Alexa Smith — University of Alabama at Birmingham
Sarah Smith — University of Alabama at Birmingham
Sydney Corbett — Palm Beach Atlantic
Sydney Vancott — Mercer University

Class of 2025

Ivy Cooper — Virginia Tech



STAYING IN THE LEARNING ZONE

Our goal and responsibility is to help our athletes reach their maximum performance. Therefore, to successfully coach, we keep our athletes consistently challenged in the Learning Zone.

FROM BEGINNER TO PROFESSIONAL

THERE ARE THREE ZONES:

The first is the Comfort Zone, where the athlete is not challenged. The Panic Zone is where a coach asks the player to complete an impossible task. Here the athlete gets frustrated. These two zones are not ideal for growth.

Our tried-and-true system keeps our players in the Learning Zone. This zone gradually stretches the athletes every time they're practicing. The coaches challenge the players. Whenever a player accomplishes a feat, the coaches will add a layer of difficulty by asking them to perform above their abilities. This incrementally pushes and stretches the players each time without breaking them, ensuring they continue to improve.

COMFORT ZONE **LEARNING ZONE** PANIC ZONE



WE MAKE CHAMPIONS



GAME-BASED *TACTICAL WORK*

THE ATHLETES MUST HAVE A CLEAR TACTICAL INTENTION EVERY TIME THEY MAKE CONTACT WITH THE BALL

Athletes go through many drills simulating competition, using closed skills, where the coach gives them specific patterns of play that the student has to follow. Other times the exercises are open skills, where the students take the initiative to teach themselves decision-making abilities.

Our goal is to expose the players to many situations. Volleyball requires endless adaptations, different opponents, conditions, and circumstances.

Our methodology focuses on game-based training with low-risk competition, encouraging athletes to apply what they are practicing, helping them to learn faster while enjoying the process. These fundamentals are the building blocks to develop the player's game for the future.



COMPETITIVE PLATFORMS

At **RPS Academies** we believe that competition is the foundation of high-performance development. That is why we compete every day. The more you compete, the more you learn, the more you learn, the better you perform. It is that simple.

We compete using a combination of competitive platforms to maximize your ultimate results:

TOURNAMENTS		
TOURNAMENT NAME	DATE(S)	LOCATION
Home Beach Tournament	September	Port St. Lucie, FL
Home Beach Tournament	September	Port St. Lucie, FL
Sandstorm Beach Showcase	November	Vero Beach, FL
AVP Junior Nationals	November	Clearwater, FL
Home Beach Tournament	December	Port St. Lucie, FL
Club vs Club Event	December	Port St. Lucie, FL
Be Volley Showcase	January	Clearwater, FL
Home Beach Tournament	January	Port St. Lucie, FL
EEVB Tournament	February	Singer Island, FL
ALTD Showcase	February	Port St. Lucie, FL
Home Beach Tournament	March	Port St. Lucie, FL
Home Beach Tournament	April	Port St. Lucie, FL
Beach Fest/ NCAA	May	Gulf Shores, AL
Home Beach Tournament	May	Port St. Lucie, FL



STUDENT LIFE

We offer more than just a great volleyball program. Experience an exceptional opportunity to elevate your game while enjoying a summer filled with engaging activities. Our program offers a structured, supervised schedule featuring both on-site and off-site activities. Discover and enjoy Florida's attractions, including Islands of Adventure, Disney World, and Universal Studios, and more, along with our beautiful beaches.

A closed, gated academy with 24-hour security underscores our commitment to the safety of our young athletes, ensuring a secure environment where they can focus on their development without distraction. This stringent security measure is central to maintaining a safe, controlled space where parents can have peace of mind and students can thrive, both in their sport and in their personal growth.



WE MAKE CHAMPIONS



THINGS TO KNOW

WHAT IS THE MINIMAL DURATION OF A RESERVATION:

The minimum duration for a reservation is one week, and the average reservation is two to three weeks.

OPTIMAL DURATION:

Our recommendation for athletes is to participate in our summer camp for two to three weeks to maximize the benefits of their stay.

RECOMMENDED ARRIVAL DAY

We suggest arriving on a Sunday and departing on a Saturday. While students have the flexibility to arrive on other days, we highly recommend Sunday arrivals to take advantage of the orientation held that day, with the program officially commencing on Monday at 8 am.

LAUNDRY SERVICE

RPS Academies provides laundry service two times per week. Upon arrival the students receive a laundry bag and drop the bag by the laundry room every morning and pick it up after 5:00 pm. Depending on occupancy we provide laundry service twice or three times a week.

BOARDING FACILITIES:

The boarding facilities are centrally located on campus.

AIRPORT TRANSPORTATION

For reservations email student services or add the flight details in the enrollment forms. A student services team member will reply with the confirmation of the reservation.

TOURNAMENTS:

Contact us to learn more about the our complete platform and schedule of competitive events.

WHAT TO BRING?

- Appropriate Sports Shoes (2)
- Socks (10 Pairs)
- T-Shirts (12)
- Shorts (10)
- Jump Rope
- Resistance Band
- Water Bottle
- Sunscreen
- Sunglasses
- Swimsuit
- Towel
- Visor/Hat



LOCATION



RPS Academies is located on the East coast of Florida, in the city of Port St. Lucie. Port St. Lucie is located conveniently between Miami and Orlando and is only a 45 minute drive from the West Palm Beach airport.

RPS ACADEMIES

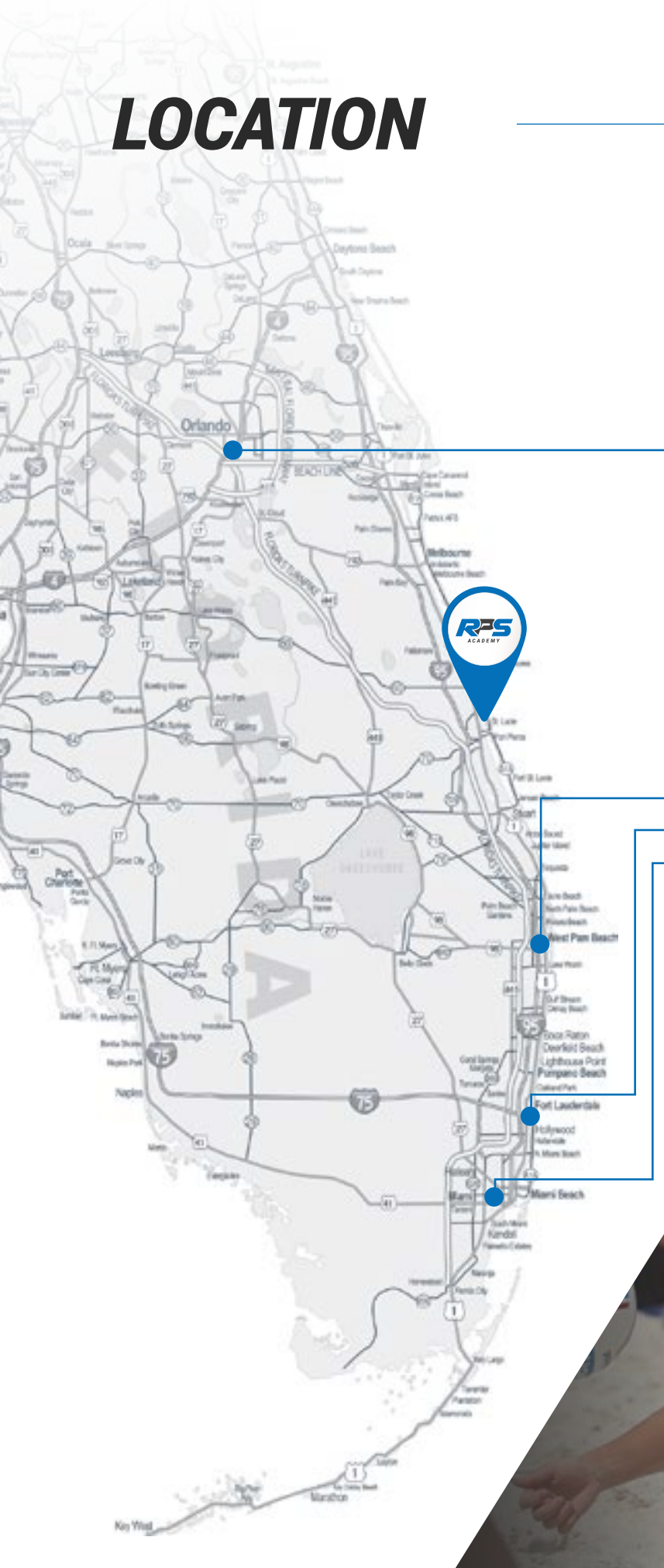
4500 SE Pine Valley St.
Port Saint Lucie, Florida 34952
USA

AIRPORTS

West Palm Beach: 45 minutes by car
Fort Lauderdale: 1 hr, 45min by car
Miami: 2 hours by car
Orlando: 2 hours by car

FOR MORE INFORMATION

info@rpsacademies.com
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