

RPS Academies is a high-performance institution founded on three core pillars: Intellectual, Academic, and Sports Excellence.

Our aim is to establish a boutique-style academy where each student's aspirations are prioritized and embraced as our own.

Boasting an exceptional team of coaches, educators, and teachers, we dedicate ourselves daily to achieving distinguished goals and fostering an environment of success.

We provide our students with High-performance tennis training using a Specialized curriculum designed by internationally renowned tennis coach Gabe Jaramillo.





Gabe Jaramillo is a renowned international tennis coach who has worked with many of the greatest players in the sport's history. Throughout his career, he's developed eleven of the world's No.1 ranked players and 27 top 10 players, including Agassi, Courier, Sampras, Sharapova, Seles, Nishikori, and many others. The Tennis Director Juan Abuchaibe has worked with professional and college players. We're proud to say that all of our high-performance tennis coaches are certified with our expert-backed system and methodology. Over the past ten years, we have produced six top ten ITF Junior Players, including two number-one players in the world. Maria Camilla Osorio and Shilin Xu.

We specialize in fine-tuning volume and intensity to maximize results. Each morning, our athletes focus on mastering strokes and fundamentals fundamentals such as control, height, depth, placement, and ball speed. In the afternoon, the training shifts to strategic tactical work, allowing athletes to apply their skills in game-like scenarios. This dual-focus approach ensures comprehensive development and improved performance.

Competition

Each day, students challenge each other to improve and further develop their competitive edge. It's crucial for our players to be exposed frequently to new and unpredictable situations and competitors; they will be practicing on hard and clay courts. We are one of the few academies that play matches and point situations daily.

Sharpened Tactical and Cognitive Skills

As part of our methodology, coaches train students with frequent drills designed to control, hurt, and finish, developing greater game intelligence. Students develop sharper tactical awareness with increased perception, strategic analysis, and quick decision-making.

Peak performance Training

Our systematic approach includes all of the fundamental components for peak performance including endurance, strength, power, speed, balance, coordination, agility, flexibility, and nutrition.





Enhanced Stroke Production

We help students improve their strokes with innovative tennis training techniques rooted in long-established biomechanics principles.

Live Ball Drills

The key to tennis success lies in mastering the contact point. Our training emphasizes live ball drills to enhance students' spacing, timing, rhythm, and balance, contrasting with the typical focus on basket drills at most academies. Our methodology not only accelerates improvement, making strokes smoother, but also ensures faster, lasting retention of skills.

Game Based Training

Using closed and open practices our athletes learn fundamentals on patterns of play, style of play, and most importantly they learn the importance of tactical intention while having fun. One thing is to have pretty strokes, another is to know how to play the game.

Daily goal and performance evaluation

At the beginning and the end of each practice, our coaches review the daily goals and evaluate each student's performance.

Our Advantage

Multi Sport Academy

Tennis, Golf, Soccer, Volleyball and Pickleball.

Boutique Delivery

Individualized attention focussing on the specific needs of the student.

Competition

Compete daily with players from around the world to hone your winning skills.

Proven Methodology

With years of experience, proven results, and a replicable methodology, we offer a robust foundation.

Five Principles To Develop Talent

Individuality, Volume, Repetition, Variety and specificity.

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Train with our Full-Time Coaches Team

We offer the same program during the summer as we do throughout the year, ensuring that all athletes receive the same level of training as those who have reached the top.

Two Daily Sessions

We excel at precisely adjusting volume and intensity to enhance outcomes.



Program Schedule

| Monday - Friday | | Option1 Sat & Sunday | Option2 Sat & Sunday | To a |
|-----------------------|------------------------|-------------------------------------|----------------------------------|------|
| 7:00am | Breakfast | 8:00am - 10:00am Tennis | Tournaments: | |
| 8:00am - 10:00am | Tennis | 10:00am - 11:00am Conditioning | UTR, Premier tennis tour or USTA | |
| 10:00am - 11:00am | Conditioning | Scheduled and Supervised Activities | | |
| 11:00am - 12:00am | Entertainment program | | | |
| 1:00pm - 3:00pm | Tennis | | | |
| 3:00pm - 3:30pm | Conditioning cool down | | | |
| 6:00pm | Dinner | | | |
| 7:00pm - 9:00pm | Entertainment program | | | |
| | | | | |
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| | | | | |
| | | | | |
| Program Prices | | | | |

| | BOARDING PROGRAM | NON-BOARDING PROGRAM |
|----------------|------------------|----------------------|
| 1 WEEK | \$ 1950 | \$ 1500 |
| 2 WEEKS | \$ 3315 | \$ 2400 |
| 3 WEEKS | \$ 4973 | \$ 3600 |
| 4 WEEKS | \$ 6630 | \$ 4800 |

Our Locations



Location

The academy is located on the East coast of Florida, in the city of Port St.Lucie. Port St. Lucie is located conveniently between Miami and Orlando and is only a 45minute drive from the West Palm Beach airport.

4500 SE Pine Valley Street Port Saint Lucie. Florida 34952





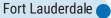
West Palm Beach





What are the closest airports?

- West Palm Beach 50 minutes by car
- Miami 2 hours by car
- Orlando 2 hours by car
- Fort Lauderdale 1 hour and 45 minutes by car



Miami





Airport Transportation

For reservations email student services or add the flight details in the enrollment forms. A student services team member will reply with the confirmation of the reservation.

Transportation Cost

• West Palm Beach: \$135

• Miami: \$235 • Orlando: \$235

• Fort Lauderdale: \$210

Email

StudentServices@rpsacademies.com

Phone number

772-323-0625



Recommended arrival day

We suggest arriving on a Sunday and departing on a Saturday. While students have the flexibility to arrive on other days, we highly recommend Sunday arrivals to take advantage of the orientation held that day, with the program officially commencing on Monday at 8 am.



Where To Stay?



Accommodation options

RPS Academies offers boarding and non-boarding programs for students.

For non-boarding students staying with the family, there are three accommodation options.

RPS Academies is located within the Sandpiper Bay Resort which offers the most convenient options for parents and non-boarding students.

Sandpiper Bay Resort

4500 SE Pine Valley Street Port Saint Lucie, Florida 34952

Hilton 2 Suites by Hilton Stuart

1440 NW Federal Hwy Stuart, Florida 34952

Holiday Inn

10120 S Federal Hwy Port Saint Lucie, Florida



Rental houses

Rental homes are available within 2 to 15 minutes from the academy.

For more details visit: airbnb.com or vrbo.com



Laundry Service

RPS Academies provides laundry service two times per week. Upon arrival the students receive a laundry bag and drop the bag by the laundry room every morning and pick it up after 5:00 pm. Depending on occupancy we provide laundry service twice or three times a week.

Things To Know



What is the minimal duration of a reservation:

The minimum duration for a reservation is one week, and the average reservation is two to three weeks.



Optimal Duration:

Our recommendation for athletes is to participate in our summer camp for three weeks to maximize the benefits of their stay.

Here's why

Week 1

Absorb Information

During the first week, athletes are immersed in a wealth of valuable knowledge and training techniques. It's a period of intense learning and discovery as they absorb new information and skills.

Week 2

Assimilate Learning

By the second week, athletes have had the opportunity to digest and internalize what they've learned. They begin to refine their techniques, build upon their foundation, and solidify their understanding of key concepts.

Week 3 & 4

Retain and Excel

In the third and final week, athletes are primed to fully retain and apply the knowledge and skills they've acquired. This is when their confidence soars, and they showcase their newfound abilities with proficiency and finesse.

By committing to the full three-week duration, young athletes can experience a progressive journey of growth, development, and achievement, setting them up for success both on and off the field.

Facilities

Our academy boasts state-of-the-art sports facilities, beautifully situated within a secure, gated environment. This family-friendly setting is ideal for athletes looking to enhance all their skills in a safe and supportive atmosphere.



